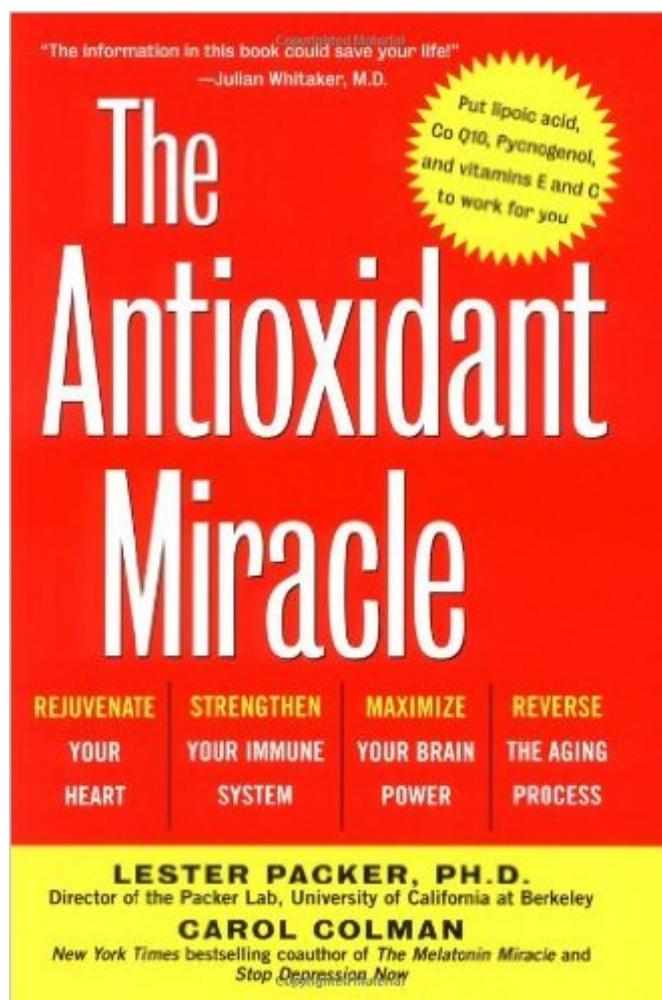


The book was found

The Antioxidant Miracle: Put Lipoic Acid, Pycnogenol, And Vitamins E And C To Work For You



Synopsis

An internationally known scientist joins the bestselling coauthor of "The Melatonin Miracle" to introduce the healing power of the antioxidant network--the different antioxidants that work together with much more strength than they do individually.

Book Information

Paperback: 256 pages

Publisher: Wiley; 1 edition (December 10, 1999)

Language: English

ISBN-10: 0471353116

ISBN-13: 978-0471353119

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (48 customer reviews)

Best Sellers Rank: #107,840 in Books (See Top 100 in Books) #11 inÂ Books > Health, Fitness & Dieting > Nutrition > Antioxidants & Phytochemicals #57 inÂ Books > Health, Fitness & Dieting > Nutrition > Vitamins & Supplements #2454 inÂ Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

This is one of the most useful health books I have ever read, and I have been studying them for more than 20 years. Ignore the comments about the style of writing etc. The style could have been a little better but this is not the important issue. The information contained here is of significant value and it is based on good science (in my opinion). If you care about your health and long term survival then buy this book, read it carefully, and follow Dr. Packer's advice. Your medical doctor will probably not tell you about this new information but he is no doubt, following it himself at home. By the way, Dr. Packer is a Phd., not an MD. What is not stated in the book but I'm sure Dr. Packer is aware of is that there is new research which suggests that many presently incurable diseases are caused by certain types of viruses, bacteria, and fungus. These microbes are too small to see with an ordinary microscope (while they are alive), and are dead when viewed under an electron microscope. The process by which they work has been missed up until recently. New techniques are available now which allows microbiologists to see and study how these organisms work, and this is beginning to create new science. New science in any field takes a long time to be accepted by many practitioners for various reasons. You will not hear about this on the evening news or in

your local paper, probably for another 5 to 10 years. If you want to learn more about it, you must study it yourself. For more info see Dr. Mattman's book on "Cell Wall Deficient Forms", 2000, available on .com. Also, see Dr. Gregory's book, Pathogenesis of Cancer, 1955, out of print but may be available from .com Zshops or Auctions. This book shows that this subject has been around for awhile (and is highly controversial).

[Download to continue reading...](#)

The Antioxidant Miracle: Put Lipoic Acid, Pycnogenol, and Vitamins E and C to Work for You Alpha Lipoic Acid Breakthrough: The Superb Antioxidant That May Slow Aging, Repair Liver Damage, and Reduce the Risk of Cancer, Heart Disease, and Diabetes Heartburn: Acid Reflux Cure: Get Heartburn, Acid Reflux Cured Naturally in 3 Week Step by Step Program (Heartburn, Heartburn No More, Heartburn Cured, ... Reflux Cure, Acid Reflux Help, Digestion) Natural Alternatives to Nexium, Maalox, Tagamet, Prilosec & Other Acid Blockers: What to Use to Relieve Acid Reflux, Heartburn, and Gastric Ailments Heartburn - Fast Tract Digestion: LPR, Acid Reflux & GERD Diet Cure Without Drugs | Surprising Truth about the Cause of Acid Reflux Explained (Clinically Proven Solution) Miracle Cures: Dramatic New Scientific Discoveries Revealing the Healing Powers of Herbs, Vitamins, and Other Natural Remedies The Miracle Morning for Writers: How to Build a Writing Ritual That Increases Your Impact and Your Income (Before 8AM) (The Miracle Morning Book Series) Apple Cider Vinegar: Miracle Health System (Bragg Apple Cider Vinegar Miracle Health System: With the Bragg Healthy Lifestyle) The Miracle Ball Method: Relieve Your Pain, Reshape Your Body, Reduce Your Stress [2 Miracle Balls Included] The Antioxidant Save-Your-Life Cookbook: 150 Nutritious, High Fiber, Low-Fat Recipes to Protect You Against the Damaging Effects of Free Radicals Put Your Science to Work: The Take-Charge Career Guide for Scientists - Practical Advice,,, Proven Techniques What You Must Know About Vitamins, Minerals, Herbs & More The Vitamin E Factor: The Miraculous Antioxidant for the Prevention and Treatment of Heart Disease, Cancer, and Aging Jiaogulan: China's "Immortality Herb"--Unlocking the Secrets of Nature's Powerful Adaptogen and Antioxidant Regaining The Power Of Youth at Any Age: Startling New Evidence from the Doctor Who Brought Us Aerobics, Controlling Cholesterol and the Antioxidant Revolution Oxidants and Antioxidant Defense Systems (The Handbook of Environmental Chemistry) SMOOTHIES: Antioxidant Power Super Healthy Smoothie & Ice Kreme Recipes For Kids (Smoothie Recipes, Green Smoothies, Healthy Eating For Kids, Juicing, Vegan, Weight loss) The Antioxidant Cookbook: A Nutritionist's Secret Strategy Glutathione: The Ultimate Antioxidant Antioxidant Revolution

[Dmca](#)